

# HOST INFORMATION AND BID GUIDELINES

2017 & 2018 SYNCHRO CANADA NATIONAL QUALIFIER CHAMPIONSHIPS

# **Table of Contents**

Overview	3	
General Information	4	
Competition Dates	5	
Sample Competition Schedule	5	
General Requirements of Host Community		
✓ Minimum Facility Requirements	6	
✓ Sample Pool Deck Diagram	8	
Additional Requirements		
✓ Meeting/Technical Rooms	9	
✓ Registration Area	9	
✓ Facility Space Assignment	9	
Accommodation Requirements	10	
✓ Minimum Hospitality Requirements	10	
✓ Meeting Space	11	
✓ Bedroom Requirement Summary		
Bid Process	11	
Timetable	12	

#### **Overview**

Synchro Canada is now accepting proposals from Canadian communities interested in hosting the 2017 and 2018 Synchro Canada National Qualifier Championships.

The event attracts participants and visitors from outside the host city – approximately 400 hotel room nights will be reserved by the Synchro Canada Organizing Committee alone, not including those used by family and friends, and spectators attending the event. The positive media exposure generated by hosting an event of this stature provides the host city with a strong platform to promote itself as a national sporting destination.

Synchro Canada National Qualifier events are broadcast in Canada through live streaming on digital platforms.

The Synchro Canada National Qualifier has been hosted previously in the following cities:

2016 - Quebec City, Quebec

2015 - Victoria, British Colombia

2014 - Montreal, Quebec

2013 - Calgary, Alberta

The bid process and site selection for the Synchro Canada National Qualifier will be managed by the Synchro Canada national office.

#### **General Information**

The Synchro Canada National Qualifier is one of several annual national events hosted by Synchro Canada. Synchro Canada will oversee all aspects of the Qualifier, however will delegate the recruitment and supervision of volunteers as well as other aspects of the execution of the event to a local organizing committee (LOC). The LOC must agree to sign a hosting agreement, to abide by the conditions outlined in the agreement, to comply with the most recent version of FINA rules and the Synchro Canada rule book including any changes and/or updates, and to meet all event execution standards directed by Synchro Canada.

The full Organizing Committee will include a local volunteer team assembled by the host Provincial Sport Organization (PSO), invited technical officials, and Synchro Canada national office staff members. Working together, the LOC will serve as the host of the Synchro Canada National Qualifier.

The successful host city must demonstrate the ability to stage major national sporting events in a highly successful and cost-effective manner with a focus on excellence in the areas of facility and event management/operations and ticket sales, as well as offering the community's financial, local sponsorship and human resource support.

Revenue opportunities are required to be identified in a successful host bid. These opportunities should include all levels of government and/or community based host funding or grants, local sponsorship/VIK commitments, hotel rebates or commissions, and pool concessions. Venue incentives may consist of a reduction in the facility license fee, percentage rebate of food and beverage sales, portion of parking fees, etc. as applicable.

#### **Multi-Year Bids**

Synchro Canada will entertain two year bids from the same host community. If you are interested in bidding for the same event in more than one year, please indicate this in the letter of intent.

# **Competition Dates**

The practice and competition dates will be March 20 – 26, 2017 and March 19 - 25, 2018

# **Sample Competition Schedule**

	2017 Synchro Canada National Qua	lifier Championships, March 21 - 26	
		chro Canada 2017, 21 au 26 mars	
Tuesday March 21	09:00 - 17:00	Mardi le 21 mars Pratique avec musique	
Spacing Coaches meeting	17:00 – 17:00 17:00 – 18:00	Réunion des entraîneurs	
Officials Meeting	18:00 – 21:00	Rencontre des officiels	
Wednesday March 22		Mercredi le 22 mars	
Lap warm up & Coaches meeting	07:00 - 07:30	Échauffement, longueurs et rencontre des entraîneurs	
Warm-up 13 -15 Figures	07:30 - 08:00	Échauffement des figures 13 - 15 ans	
13 - 15 Figures	08:00 - 13:00	Figures 13 - 15 ans	
BREAK (lunch) Warm-up Senior Team Tech	13:00 – 14:00 14:00 – 14:30	PAUSE (diner) Échauffement Équipe Tech Senior	
Senior Team Tech	14:30 – 14:30	Équipe Tech Senior	
Awards - Senior Team Tech	15:00 - 15:30	Remise Récompenses Équipe Senior	
BREAK	15:00 – 16:00	PAUSE	
Opening Ceremonies	16:00 - 16:45	Cérémonies d'ouverture	
COSSC Combo Finals warm-up - (Dinner)	16:45 – 17:15	Échauffement Combo CCONS - (Souper)	
COSSC Combo Finals Awards - COSSC Combo	17:15 – 18:45 19:00 – 19:15	Finale Combo CCONS  Présentation des récompenses Combo COSSC	
Coaches and Officials Clinic	19:00 – 19:13	Clinique des entraîneurs et officiels	
VIP Reception	20:30 – 22:00	Réception VIP	
Thursday March 23		Jeudi le 23 mars	
Lap warm up & Coaches meeting	07:00 - 07:30	Échauffement, longueurs et rencontre des entraîneurs	
Junior Figures Warm Up	07:30 - 08:00	Échauffement Figures Junior	
Junior Figures BREAK (lunch)	08:00 - 13:00 13:00 - 13:45	Figures Junior PAUSE (diner)	
Senior Solo Tech warm-up	13:45 – 14:15	Échauffement Solo Senior Tech	
Senior Solo Tech finals	14:15 – 15:00	Finales Solo Tech Senior	
Awards – Senior solo tech	15:15 – 15:30	Présentation des récompenses Solo senior tech	
13 15 Solos warm-up	15:00 – 15:30	Échauffement Solos 13 - 15	
13 - 15 Solos Finals (with warm-up ½ way) Pause (dinner)	15:30 – 19:30	Finales Solos 13 - 15 (échauffement à mi-temps) Pause (souper)	
Awards - Solos 13-15	19:45 – 20:00	Présentation des récompenses Solos 13-15 ans	
Senior Duet Tech warm-up	19:30 – 20:00	Échauffement Duos Tech Senior	
Senior Duet Tech finals  Awards – Senior Duet tech	20:00 - 20:30 20:45 - 21:00	Finales Duos Tech Senior  Présentation des récompenses, Duo senior tech	
Friday March 24	20:43 - 21:00	Vendredi le 24 mars	
Lap warm up	07:00 - 07:30	Échauffement, longueurs	
Lap warm up Junior Duet warm-up	07:30 - 08:00	Échauffement, longueurs Échauffement Duos Juniors	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way)		Échauffement, longueurs Échauffement Duos Juniors Duos Junior	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch)	07:30 - 08:00	Échauffement, longueurs Echauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner)	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00	Échauffement, longueurs Echauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up	07:30 – 08:00 08:00 – 11:00 11:00 – 11:30 11:30 – 14:00 14:00 – 14:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00	Échauffement, longueurs Echauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Equipes 13-15 Échauffement Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Echauffement Equipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Pause (souper)	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Junior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00	Échauffement, longueurs Echauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Echauffement Duos Senior Libre	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Warm up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00	Échauffement, longueurs Échauffement Duos Juniors  Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Junior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00	Échauffement, longueurs Echauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Echauffement Duos Senior Libre	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals Warm up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30 07:30 - 07:30 07:30 - 08:00	Échauffement, longueurs Échauffement Duos Juniors  Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way)  13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free Awards – Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00 20:15 - 20:30 07:00 - 07:30	Échauffement, longueurs Échauffement Duos Juniors  Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Junior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free 10 Senior Duet Free 11 Senior Duet Free 12 Awards – Senior Duet Free 13 Senior Duet Free 14 Senior Duet Free 15 Senior Duet Free 16 Saturday March 25 16 Lap warm up 17 Senior Duet Finals (with warm-up ½ way) 18 SEAK (lunch)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30 07:30 - 07:30 07:30 - 08:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Echauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner)	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00 20:15 - 20:30  07:30 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Equipe Senior Libre Équipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Junior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free 10 Senior Duet Free 11 Senior Duet Free 12 Awards – Senior Duet Free 13 Senior Duet Free 14 Senior Duet Free 15 Senior Duet Free 16 Saturday March 25 16 Lap warm up 17 Senior Duet Finals (with warm-up ½ way) 18 SEAK (lunch)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30 07:30 - 07:30 07:30 - 08:00 08:00 - 11:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Echauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner)	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Teams Prelim (with warm-up ½ way) Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals warm-up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00	Échauffement, longueurs Échauffement Duos Juniors  Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipes 13-15 Échauffement Équipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Free warm-up Senior Solo Free warm-up Senior Solo Free	07:30 - 08:00 08:00 - 11:00  11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30	Échauffement, longueurs Échauffement Duos Juniors  Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Équipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Solos Senior Libre Senior Solo libre	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards - Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards - Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 - 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up Junior Solo Finals (with warm-up Junior Solo Finals (with warm-up Senior Solo Free Warm-up 13 - 15 Team Finals warm-up	07:30 - 08:00 08:00 - 11:00  11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00 16:00 - 18:00	Échauffement lous Juniors  Duos Junior  Echauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15  Échauffement Equipes Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Présentation Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars  Échauffement, longueurs Echauffement, longueurs Echauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Finales Équipes 13 – 15	
Lap warm up Junior Duet warm-up Junior Duet Warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards - Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards - Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 - 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up ½ way) Senior Solo Free 13 - 15 Team Finals warm-up (Dinner)	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Echauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Solos Senior Libre Senior Solo libre Échauffement Finales Équipes 13 – 15 (Souper)	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up junior Solo Finals (with warm-up junior Solo Finals (with warm-up Senior Solo Finals (with warm-up Senior Solo Finals (with warm-up Senior Solo Free 13 - 15 Team Finals warm-up (Dinner) Awards Junior and Senior Solo	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:30 - 15:30 15:30 - 16:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Equipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Finales Équipes 13 – 15 (Souper) Remise Récompenses Solo Junior & Senior	
Lap warm up Junior Duet warm-up Junior Duet Warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards - Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards - Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 - 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up ½ way) Senior Solo Free 13 - 15 Team Finals warm-up (Dinner)	07:30 - 08:00 08:00 - 11:00  11:00 - 11:30  11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30  07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00 16:00 - 18:00	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Échauffement Préliminaires Équipes Junior Préliminaires Équipes Junior Préliminaires Équipes Junior Pause (souper) Echauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Échauffement, longueurs Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Solos Senior Libre Senior Solo libre Échauffement Finales Équipes 13 – 15 (Souper)	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Junior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards - Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 - 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up Junior Solo Finals (with warm-up Senior Solo Free 13 - 15 Team Finals warm-up (Dinner) Awards Junior and Senior Solo 13 - 15 Team Finals Junior Teams Finals warm-up	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 19:00 - 20:00 20:15 - 20:30  07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00 16:00 - 18:30	Échauffement, longueurs Échauffement Duos Juniors Duos Junior Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15 Échauffement Équipes 13-15 Échauffement Équipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Équipes Junior Préliminaires Equipes Junior Pause (souper) Echauffement Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Echauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finales Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Finales Équipes 13 – 15 (Souper) Remise Récompenses Solo Junior & Senior Finales Équipes 13 - 15 Échauffement Finales Équipes Junior	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up Junior Solo Finals (with warm-up Junior Solo Finals (with warm-up Senior Solo Free 13 - 15 Team Finals warm-up (Dinner) Awards Junior and Senior Solo 13 - 15 Team Finals Junior Teams Finals Junior Teams Finals Awards – 13 – 15 & Junior Teams	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 15:30 - 16:00 16:00 - 18:00 18:00 - 18:30 19:00 - 20:00 20:15 - 20:30 07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00 16:00 - 18:30	Echauffement Duos Juniors  Duos Junior  Echauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15  Échauffement Equipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Equipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Echauffement, longueurs Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Finales Équipes 13 – 15 (Souper) Remise Récompenses Solo Junior & Senior Finales Équipes 13 - 15 Echauffement Finales Équipes Junior Finales Equipes 13 - 15 Echauffement Finales Équipes Junior Finales Equipes Junior Finales Equipes Junior Remise des récompenses Équipes Junior	
Lap warm up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Awards – Senior Duet Free Awards – Senior Senior Duet Free Awards – Senior Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Free Senior Solo Free warm-up Senior Solo Free Senior So	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:00 20:15 - 20:30 07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 15:30 15:30 - 16:00 16:00 - 18:00 19:00 - 20:00 20:15 - 20:30	Echauffement lous Juniors  Duos Junior  Échauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior  Préliminaires Équipes 13-15  Échauffement Equipe Senior Libre  Équipe Senior Libre  Présentation des récompenses Équipe senior libre  Échauffement Préliminaires Équipes Junior  Préliminaires Equipes Junior  Préliminaires Equipes Junior  Pause (souper)  Echauffement Duos Senior Libre  Duos Senior Libre  Présentation des récompenses, Duo senior libre  Samedi le 25 mars  Échauffement, longueurs  Echauffement Finales Duo 13 - 15  Finales Duo 13 - 15  PAUSE (diner) Remise Récompenses Duo 13 - 15  Échauffement Finale Solos Junior  Finales Solos Junior (avec échauffement à mi-temps)  Échauffement Finales Équipes 13 - 15  (Souper) Remise Récompenses Solo Junior & Senior  Finales Equipes 13 - 15  Échauffement Finales Équipes 13 - 15  Échauffement Finales Équipes Junior  Finales Equipes 13 - 15  Échauffement Finales Équipes Junior  Finales Equipes Junior  Remise Récompenses Solo Junior & Senior  Finales Equipes Junior  Remise des récompenses Equipes 13 - 15 & Junior  Dimanche le 26 mars	
Lap warm up Junior Duet warm-up Junior Duet warm-up Junior Duet Finals (with warm-up ½ way) 13-15 Team Prelims Warm Up Break (lunch) Junior Duet Awards 13-15 Teams Prelim (with warm-up ½ way) Senior Team Free warm-up Senior Team Free Awards – Senior Team Free Junior Team Prelims warm-up Prelims Junior Teams Break (dinner) Senior Duet Free Warm up Senior Duet Free Awards – Senior Duet Free Saturday March 25 Lap warm up 13 - 15 Duet Finals (with warm-up ½ way) BREAK (lunch) Awards 13 – 15 Duet Junior Solo Finals (with warm-up ½ way) Senior Solo Finals (with warm-up Junior Solo Finals (with warm-up Junior Solo Finals (with warm-up Senior Solo Free 13 - 15 Team Finals warm-up (Dinner) Awards Junior and Senior Solo 13 - 15 Team Finals Junior Teams Finals Junior Teams Finals Awards – 13 – 15 & Junior Teams	07:30 - 08:00 08:00 - 11:00 11:00 - 11:30 11:30 - 14:00 14:00 - 14:30 14:30 - 15:30 15:45 - 16:00 16:00 - 18:00 18:00 - 18:30 18:30 - 19:30 07:00 - 07:30 07:30 - 08:00 08:00 - 11:30 11:30 - 12:00 12:00 - 12:30 12:30 - 16:00 16:00 - 18:30 18:30 - 19:30 18:30 - 19:30 18:30 - 20:00 19:00 - 20:00 19:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 20:00 10:00 - 21:00 11:50 - 21:30	Echauffement Duos Juniors  Duos Junior  Echauffement Préliminaires Équipes 13-15 Pause (diner) Remise Récompense Duos Junior Préliminaires Équipes 13-15  Échauffement Equipe Senior Libre Equipe Senior Libre Equipe Senior Libre Présentation des récompenses Équipe senior libre Echauffement Préliminaires Equipes Junior Préliminaires Equipes Junior Préliminaires Equipes Junior Pause (souper) Échauffement Duos Senior Libre Duos Senior Libre Duos Senior Libre Présentation des récompenses, Duo senior libre Samedi le 25 mars Echauffement, longueurs Échauffement, longueurs Échauffement, longueurs Échauffement Finales Duo 13 - 15 Finales Duo 13 - 15 PAUSE (diner) Remise Récompenses Duo 13 - 15 Échauffement Finale Solos Junior Finales Solos Junior (avec échauffement à mi-temps) Échauffement Finales Équipes 13 – 15 (Souper) Remise Récompenses Solo Junior & Senior Finales Équipes 13 - 15 Echauffement Finales Équipes Junior Finales Equipes 13 - 15 Echauffement Finales Équipes Junior Finales Equipes Junior Finales Equipes Junior Remise des récompenses Équipes Junior	

# **General Requirements of Host Community**

- Accessibility of the city by air from national destinations.
- Ability to recruit an adequate volunteer team to staff all competition committees.
- Local community financial support to help offset competition expenses, either through value-in-kind (e.g., hospitality, meals, various supplies) or cash contributions.
- Commitment from the LOC to sign an official hosting agreement with Synchro Canada outlining all responsibilities and terms under which the event will be executed.
- Promotion of the event within the host community and region through locally focused press releases, local sponsorship packages, and other community awareness activities, including websites and local media sources

#### **Minimum Facility Requirements**

- 1. A facility containing two 25 m pools or one 50 m pool (preferred), subdivided by a bulkhead into one competition pool and one training pool is required. The competition pool must have minimum seating for 500 people. The facility should be situated not further than a 30-minute drive from the hotel where participants are housed.
- 2. Both pools are required to be used exclusively by athletes <u>no other community</u> <u>activities can be scheduled during the 2 set up days and four days of competition</u> without the express agreement of Synchro Canada.
- 3. The minimum size requirements for the competition pool are:

```
Length - 25 meters
Width - 25 meters
Depth – 3 meters
```

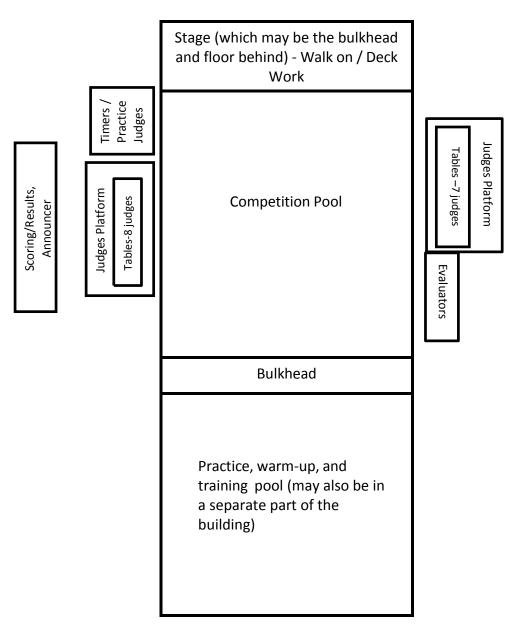
- 4. The water temperature of the competition pool must be a minimum of 24° C.
- 5. The water must be of sufficient clarity for the bottom of the pool to be visible (as per rule FR 10.6 in the FINA manual.)
- 6. If available, a diving tank may be used for training and/or figures events during the competition.
- 7. The minimum size requirements for the training pool are:

```
Length - 25 meters
Width – 25 meters
Depth – 2.5 meters
```

- 8. If there is existing signage or advertising in the pool area, it must be removed or covered for the duration of the event. The only acceptable advertising in the pool area will be the event logo, host city logo and/or the logo or name of the pool including a title sponsor.
- 9. An LED video screen of approximately 3 by 5 meters or a Jumbotron, is required so if one is not existing in the building, one needs to be acquired, to inform and entertain the public and is to be hung at a reasonable height above the spectators in the competition area. The video screen provided by the venue must be compatible with Synchro Canada's computer system.
- 10. All available rooms in the venue must be lockable and Synchro Canada will receive a minimum of 2 sets of keys for each lock.
- 11. The pool must have the ability to construct two (2) elevated judges' platforms which will be built on either side of the competition pool in accordance with specifications provided by Synchro Canada. These platforms will include sufficient tables and chairs to seat 15 judges in total at no additional charge to the LOC (see requirement below). See diagram on the following page.
- 12. The pool will need to secure an area on the side of the competition pool for scoring personnel, announcer, music and technical committees/evaluators. This area must have sufficient power outlets provided by the venue. The area must also have access to wired internet access to support a minimum of 4mg of upload capacity.
- 13. Additionally, a 'Stage' platform must be constructed at the end of the pool deck with ample room for a Synchro Canada backdrop with easy access for athletes.
- 14. The pool must provide a high quality sound system which includes built in house speakers capable of relaying both music and PA sound, and up to four additional speakers added onto the deck area generally on the four corners of the competition pool, as well as two (2) underwater speakers. This system must be capable of diffusing music and PA sound effectively and clearly for all seating areas, in the pool area, and be accessible from the pool deck computerized music playback system.
- 15. Synchro Canada requires unlimited back-of-house access with the exception of those areas normally used for food preparation by in-house catering, facility management office space, electrical and other facility operational rooms.
- 16. All existing changing rooms and storage space, unless specifically prohibited, will be made available to Synchro Canada for the purpose of back-of-house set up. From the time Synchro Canada has contracted a venue for a Synchro Canada event subsequent tenant agreements must factor these previous commitments into the new agreement(s).

- 17. A hair gelling room (minimum size 12 sq meters) must be provided for all athletes during competition times, equipped with sufficient power to support 5 kettles and 10 buckets for bobby pins.
- 18. The facility will be responsible for any relocation and storage costs of venue contents in order to provide sufficient back-of-house space to Synchro Canada for the duration of the event.

#### **Sample Pool Deck Diagram**



# **Additional Requirements**

#### Meeting/Technical Rooms (see also facility space assignment chart below)

- A meeting/hospitality room, large enough for all the judges (approximately 100 sq meters). This room must be available prior to the start of the meet and at times as determined by the Chief Judge and Meet Manager throughout the event.
- A Scoring room at the pool that can be locked and cooler than the pool area where personal belongings can be secured, and to support panel discussions and view videos for up to 10 persons. This room must include a photocopier with capacity to print 30 pages per minute supplied at no charge to the OC.
- A Referee's room including space for writing the judges' exam (time and place to be determined by the Chief Judge and Meet Manager). This room must have a capacity of 10 persons.
- A hospitality area for teams to eat meals during the competition located proximal to the pool but not on deck
- A hospitality area large enough to hold 50 volunteers located within the facility but not necessarily on deck

#### **Registration Area**

- 3 long tables, skirted
- 6 chairs
- Telephone and/or cell phone access
- Signage (supplied by Synchro Canada)

#### **Facility Space Assignment**

Space	Details	Used By
Pool (water)	- Length – approx. 25m	Athletes
50m pool preferred with 25m	- Width – approx. 25m	
dedicated to competition;	- Depth	
approx. 25m dedicated to	<ul> <li>Figures: 12m x 12m area of 3m depth</li> </ul>	
training (including bulkhead if	(minimum)	
applicable)	Routines: 25m x 25m area of 3m depth	
	(minimum)	
	- Water temperature minimum 24°C – ideal about	
	29°C	
	- Clarity – bottom lines visible (per FINA manual)	
Locker Room "Women"	Signage required	Athletes, Coaches,
		Officials, Volunteers
Locker Room "Men"	Signage Required	Athletes, Coaches,
		Officials, Volunteers
Scoring / Results Room	Close to deck, lockable	Scoring Officials/ Results
		Personnel
Referees Room (attached to	2 long tables, 4 chairs, photocopier (if possible)	Referees (duration of
deck)		the meet)

Music area on deck	Dry, away from traffic at back, 2 long tables, 4 chairs	Music Technician and Helper, Practice Supervisor
Announcer Area on deck	Between computer and music, 1 table, 2 chairs	Announcer, Prompter
Judges / Officials Room (preparation, hospitality, and relaxation)	Away from pool, air-conditioned, lockable, tables and chairs to accommodate	Judges, Officials, Volunteers
Judges Exam Room	Quiet, away from pool, tables and chairs to accommodate (can be combined with Referees room)	Officials and one Evaluator
Media Room / Office	Attached to pool deck, large	Athletes, media, Synchro Canada Staff
TV Space (if applicable)	Track space along poolside; interview areas on deck, "kiss and cry" area	Broadcaster, Interviewers, Synchro Canada Staff
Athletes Room (if applicable)	Relaxation / lunch area	Athletes
Coaches Room (if applicable)	Relaxation area; on or close to deck, tables and chairs to accommodate (can be combined with athletes area)	Coaches
Video operator area	Video Recording in Spectator Gallery (requires power outlets)	Video camera operators/ Volunteers, Judges and Officials
Spectator Gallery	Viewing area, includes area for VIPs	Spectators and Athletes (athletes not to be positioned in prime seating)
VIP Reception Room	Near pool with viewing if possible	Sponsors, guests

## **Accommodation Requirements**

#### **Minimum Hotel Requirements**

- A minimum room block totaling 400 rooms per night between all properties. The fewest number of hotels (maximum 4) with a combination of close proximity to the pool with best rates and appropriate amenities is the preferred scenario.
- Block must include mainly double-bedded rooms for teams, a hotel with kitchenettes or suites is preferred.
- Hotel rates in different properties should be comparable.
- Clubs will book directly with the hotels, using a special code that will identify them as participating athletes, coaches, etc. Open blocks are required for the team bookings.
- A closed block of 35-40 rooms in one hotel which will be designated the official hotel is required and will be controlled by a rooming list prepared by Synchro Canada. The official hotel needs to include one complimentary hospitality suite from the bedroom inventory for the duration of the stay.
- Synchro Canada also requires the following amenities in all hotels: complimentary internet access, complimentary parking, on site restaurants, hot/cold breakfast included

in room rate (if possible), 1 in 40 or better room credit, and commission on rates payable to Synchro Canada.

- Preference is for the synchro family to be housed in one hotel, if possible. If not, the groups will be split as follows:
  - Official Hotel
    - Judges and other Officials (housed in double bedded rooms)
    - Synchro Canada sponsors
    - Synchro Canada staff and executives
  - Additional Hotels (if necessary)
    - o Competitors/Teams –majority of double-bedded rooms, suites, kitchenettes
    - Coaches, and Team Officials

#### **Meeting Space**

- One hospitality suite taken from the bedroom inventory will be required in the official hotel for several functions during the event.

#### **Bedroom Requirements Summary - Official Hotel**

Summary for Judges/Officials, Synchro Canada Staff/ Executives, and Sponsors/VIPs only.

Room Type	MON	TUES	WED	THURS	FRI	SAT
Traditional Single	3	10	10	10	10	10
Traditional Double	5	30	30	30	30	30
Total	8	40	40	40	40	40

#### **Bid Process**

Synchro Canada is accepting bid proposals from applicant host communities upon submission of the following items:

#### 1. Letter of Intent

A sample of the Letter of Intent is included in the Application to Organize and Host the Synchro Canada National Qualifier. This letter acts as the host community's intent to prepare and submit their application.

#### 2. Application Form

Complete and submit the information required on the application to Organize and Host (Phase 1) as well as providing at least three appropriate hotel proposals and including the Facility Terms of Agreement and Facility Management Advertising Waiver. Prior to a decision being made, the short-listed host cities will be notified and provided with Phase 2 of the application process. Phase 2 should outline a host plan, which will serve as a guide for the execution and financial support of the event. Phase 2 of the Host Plan must include the following information:

1. LOC Leadership Team	Proposed organizational chart naming the key local Volunteers Leadership Team (VLT) members.
2. Public Relations Plan	Public relations plan focusing on local promotion of the event through press releases, community awareness and involvement, includes a list of local supportive businesses, media partners, etc.
3. Funding and Support Opportunities	Outline of a local sponsorship plan that includes a list of businesses, who have committed to financially support the event through cash and/or VIK contribution, list of potential grants from government, companies, etc. Specific funding amounts available should be listed wherever possible.

#### 3. Site visit

At this time a site visit may be conducted by Synchro Canada staff and a representative from the LOC. As a minimum the site visit will include the pool facility and potential hotel(s).

#### 4. Host City Chosen and Announced

When the host city is chosen, Synchro Canada will work with the host to make a formal media announcement including quotes from city officials as directed by the host city.

## **Timetable for 2017 Bid Process**

Date	Action
March 15, 2016	Bid information available to clubs/cities
April 1, 2016	Completed Letter of Intent [Submission by email]
	Phase 1 of Application provided to interested bid communities
April 15, 2016	Phase 1 deadline [Submission of Application to Organize and
	Host Phase 1 + hotel proposals + Terms of Agreement + Facility
	Management Advertising Waiver]
April 20, 2016	Shortlisted host cities will be contacted and sent Phase 2 of
	Application
May 15, 2016	Phase 2 deadline [Submission of Application to Organize and
	Host Phase 2]
June 1, 2016	Announcement of host city

# **Timetable for 2018 Bid Process**

Date	Action
March 15, 2016	Bid information available to clubs/cities
April 15, 2016	Completed Letter of Intent [Submission by email]
	Phase 1 of Application provided to interested bid communities
May 15, 2016	Phase 1 deadline [Submission of Application to Organize and
	Host Phase 1 + hotel proposals + Terms of Agreement + Facility
	Management Advertising Waiver]
June 1, 2016	Shortlisted host cities will be contacted and sent Phase 2 of
	Application
July 1, 2016	Phase 2 deadline [Submission of Application to Organize and
	Host Phase 2]
September 1, 2016	Announcement of host city

## **Submit all parts of application to:**

#### **Vivianne Slade**

Projects and Events Manager, Synchro Canada T: (613) 748-5674 x 223

Email: <a href="mailto:vivianne@synchro.ca">vivianne@synchro.ca</a>

## **Synchro Canada Office**

700 Industrial Ave. Suite 401 Ottawa, ON K1G 0Y9